

**SWIM ENGLAND SOUTH EAST SC (WINTER) CHAMPIONSHIPS 2024  
BASE AND AUTOMATIC QUALIFYING TIMES**

MALE/OPEN: Event	Auto QTs		Base QTs	
	SC	LC	SC	LC
50m Freestyle	24.5	25.3	25.4	26.2
100m Freestyle	53.0	54.6	55.1	56.6
200m Freestyle	1.59.1	2.02.0	2.04.0	2.06.8
400m Freestyle	4.13.0	4.18.5	4.24.8	4.30.0
1500m Freestyle	16.45.0	17.05.3	17.24.0	17.43.6
50m Backstroke	28.7	29.4	30.2	30.9
100m Backstroke	1.00.6	1.01.9	1.05.1	1.06.4
200m Backstroke	2.15.4	2.17.9	2.24.0	2.26.4
50m Breaststroke	31.4	32.4	33.2	34.1
100m Breaststroke	1.08.7	1.10.5	1.13.2	1.14.9
200m Breaststroke	2.36.2	2.39.5	2.44.8	2.48.0
50m Butterfly	26.6	27.3	28.3	29.0
100m Butterfly	58.7	1.00.0	1.02.4	1.03.6
200m Butterfly	2.20.4	2.22.6	2.33.6	2.35.6
100m Ind Medley	1.05.2	N/A	1.08.4	N/A
200m Ind Medley	2.16.6	2.19.4	2.24.5	2.27.2
400m Ind Medley	4.56.3	5.02.2	5.10.4	5.16.0

FEMALE: Event	Auto QTs		Base QTs	
	SC	LC	SC	LC
50m Freestyle	27.6	28.3	28.3	29.0
100m Freestyle	59.3	1.00.7	1.00.7	1.02.1
200m Freestyle	2.09.4	2.12.1	2.13.7	2.16.3
400m Freestyle	4.32.0	4.37.1	4.41.4	4.46.3
800m Freestyle	9.25.5	9.35.6	9.44.0	9.53.8
50m Backstroke	31.2	31.9	32.5	33.1
100m Backstroke	1.06.9	1.08.1	1.08.7	1.09.9
200m Backstroke	2.25.5	2.27.8	2.29.9	2.32.2
50m Breaststroke	35.2	36.1	36.7	37.5
100m Breaststroke	1.15.3	1.17.0	1.19.3	1.20.9
200m Breaststroke	2.47.2	2.50.3	2.53.5	2.56.5
50m Butterfly	29.6	30.2	30.4	31.0
100m Butterfly	1.05.9	1.07.0	1.08.2	1.09.3
200m Butterfly	2.29.3	2.31.4	2.40.4	2.42.4
100m Ind Medley	1.10.0	N/A	1.12.8	N/A
200m Ind Medley	2.28.2	2.30.8	2.34.0	2.36.5
400m Ind Medley	5.17.7	5.23.2	5.28.1	5.33.4