

## QUALIFYING TIMES.

**Open/Male Upper Qualifying Times**

Event		10-11 Years	12-13 Years	14-15 Years	16+ Years
50m Freestyle	Upper	30.00	28.00	25.00	23.00
100m Freestyle	Upper	1.06.00	1.02.00	55.00	51.00
200m Freestyle	Upper	2.24.00	2.15.00	2.01.00	1.54.00
400m Freestyle	Upper	5.05.00	4.47.00	4.20.00	4.10.00
50m Backstroke	Upper	35.00	33.00	29.00	27.00
100m Backstroke	Upper	1.15.00	1.11.00	1.02.00	59.00
200m Backstroke	Upper	2.40.00	2.32.00	2.16.00	2.10.00
50m Butterfly	Upper	33.00	31.00	27.00	25.00
100m Butterfly	Upper	1.16.00	1.11.00	1.00.00	57.00
200m Butterfly	Upper	2.54.00	2.43.00	2.19.00	2.10.00
50m Breaststroke	Upper	40.00	37.00	32.00	29.00
100m Breaststroke	Upper	1.28.00	1.22.00	1.09.00	1.04.00
200m Breaststroke	Upper	3.08.00	2.57.00	2.34.00	2.23.00
200m Individual Medley	Upper	2.44.00	2.35.00	2.18.00	2.11.00
400m Individual Medley	Upper	5.52.00	5.34.00	4.52.00	4.48.00

**Female Upper Qualifying Times**

Event		10-11 Years	12-13 Years	14-15 Years	16+ Years
50m Freestyle	Upper	30.00	29.00	27.00	25.00
100m Freestyle	Upper	1.06.00	1.04.00	59.00	57.00
200m Freestyle	Upper	2.25.00	2.19.00	2.10.00	2.05.00
400m Freestyle	Upper	5.07.00	4.53.00	4.33.00	4.30.00
50m Backstroke	Upper	34.00	33.00	31.00	29.00
100m Backstroke	Upper	1.15.00	1.12.00	1.07.00	1.04.00
200m Backstroke	Upper	2.39.00	2.35.00	2.26.00	2.20.00
50m Butterfly	Upper	33.00	32.00	30.00	28.00
100m Butterfly	Upper	1.15.00	1.12.00	1.06.00	1.03.00
200m Butterfly	Upper	2.54.00	2.43.00	2.29.00	2.25.00
50m Breaststroke	Upper	39.00	37.00	35.00	32.00
100m Breaststroke	Upper	1.26.00	1.22.00	1.16.00	1.13.00
200m Breaststroke	Upper	3.07.00	2.57.00	2.46.00	2.42.00
200m Individual Medley	Upper	2.45.00	2.38.00	2.28.00	2.22.00
400m Individual Medley	Upper	5.53.00	5.38.00	5.12.00	5.08.00

Age at 31<sup>st</sup> December 2024Times achieved since 1<sup>st</sup> January 2022